

FORUM: FIRST RESPONSE TO NON-FATAL STRANGULATION

7 OCTOBER 2026

Speaker's Profile – Dr Christine Padgett



Christine is a senior lecturer in the School of Psychological Sciences at the University of Tasmania. One of her main areas of research is brain injury caused by intimate partner violence. In particular, she is interested in the long term cognitive and psychological changes that may occur due to repeated non-fatal strangulation and head trauma, and how that might interact with the psychological trauma associated with IPV. In 2024 Christine was awarded a Churchill Fellowship, allowing her to travel to Canada and

the US to talk to researchers, service providers, and people with lived experience of brain injury caused by IPV, and she is using what she learned on that trip to inform future research and the development of new specialised educational resources.

Speaker and panelist

Topic: Trauma and consequences of non-fatal strangulation and links to brain injury

Non-fatal strangulation can cause both physiological and psychological trauma. Christine will outline the link between NFS and brain injury, and how this might present at time of injury and later. Using 'real world' examples, Christine will also describe how NFS can impact cognition, physical, and psychological function. She will also discuss how using a trauma-informed approach that recognises both psychological and physiological effects of NFS may improve both the victim-survivor's experience, and ability to provide information to first responders and in subsequent interactions with healthcare, social, and legal systems.

Christine's email:

Christine.Padgett@utas.edu.au

Link to Christine's University of Tasmania profile:

<https://discover.utas.edu.au/Christine.Padgett>