

# Therapeutic Counselling Practice Leader

## **About Engender Equality**

Engender Equality (formerly SHE) is a state-wide not-for-profit organisation that supports people affected by family and domestic violence in Tasmania.

We work to end all family, domestic and intimate partner violence.

We see gender inequality as both the cause and the context of family violence.

We believe that only by actively challenging gender-based oppression can we achieve positive and respectful relationships within healthy, inclusive structures and institutions. This outcome will ultimately benefit the whole Tasmanian community.

We acknowledge that family violence is complex and that it includes a broad range of behaviours that are sometimes not recognised as violence. We also know that people are affected by violence in different ways. Due to multiple forms of oppression we commit to an intersectional and lifespan understanding of the impacts of family violence.

A dynamic, evolving organisation, Engender Equality's philosophies, practice and resources are based around lived experience and grounded in research. Our progressive approach, combined with three decades of skills, knowledge and hands-on involvement gives us an edge in the fight for gender equality in Tasmania.

## Our Vision and Service Philosophy

#### Vision

Tasmanians living free from violence

#### Service Philosophy

Engender Equality maintains that the best opportunity for supporting change and achieving goals is created when people we serve are positioned as experts in their experience and at the very centre of the organisation.

Our service philosophy is built on the following positions:

- Family violence is a human rights violation. Violence is unacceptable within a relationship.
- Women, gender diverse and non-binary people, and children have the right to safety within their homes.
- Family violence involves abuse of power and is predominantly directed towards women by men.
- Family violence and abuse is a reflection of the inequities between men and other genders in this society.
- Perpetrators of violence are responsible for the violence.
- Legal sanctions are part of the response to family violence.

## Engender Equality's Therapeutic Counselling Service

Engender Equality offers therapeutic counselling to people affected by family or domestic violence in Tasmania.

Therapeutic counselling services are:

- Free and confidential
- Short or long term
- Face-to-face, by phone and/or online
- Suitable for people affected by family violence now or in the past
- For all people regardless of gender, age, sexual orientation, ability, marital or socioeconomic status, cultural, religious or ethnic background.

#### Our practitioners are:

- Qualified, specialised, and experienced
- Based in Hobart, Launceston and North West Tasmania
- Committed to protecting privacy and offering secure and confidential services.

#### **Role and Service Context**

In the 2022 Engender Equality established the 'Therapeutic Counselling Practice Leader' role to lead the therapeutic counselling team. The Practice Leader works with the CEO and the Board to establish and maintain a Clinical Governance Framework, and supports the counselling team to implement the Framework systemically (via a Service Manual developed with the counselling team), and via practical, day-to-day application (including clinical supervision and complex case support). The Practice Leader also maintains a small therapeutic counselling caseload.

In 2023/24, to support a growing therapeutic counselling team, two Practice Supervisors reporting directly to the Practice Leader will provide Engender Equality with additional capacity in direct management, practice supervision and clinical leadership of Engender Equality's therapeutic counselling teams.

# **Position Description**

Job Title: Therapeutic Counselling Practice Leader

**Location:** Engender Equality (State-wide)

Classification/Salary: SCHADS, Level 8

**Employment Status:** Full-time 37.5 hours/week

**Reports to:** Chief Executive Officer

**Specifications:** Maximum Term Contract – 5 years; 6 month probation period

## **Role Purpose**

Reporting to the CEO, the Therapeutic Counselling Practice Leader is a senior leadership role, responsible for: developing, maintaining, and managing the quality of the therapeutic practice and offered by Engender Equality; administering and leading the clinical functions of the Engender Equality therapeutic counselling service; implementing a comprehensive Clinical Governance Framework for Engender Equality's counselling services; liaising with other agencies; analysing and reporting on therapeutic counselling impacts; and contributing to the achievement of Engender Equality's strategic priorities.

#### Role Responsibilities and Accountabilities

Engender Equality's counselling service operates from multiple sites across the state. The Therapeutic Counselling Practice Leader will consider equity across the state and represent regional differences.

Reporting to the Chief Executive Officer, the responsibilities and accountabilities of the Therapeutic Counselling Practice Leader are:

#### Clinical Leadership in Therapeutic Counselling

- Provide direct, day-to-day line management of Therapeutic Practice Supervisors (who in turn provide
  direct line management for therapeutic counselling teams), including application of human
  resources policies and procedures, staff rostering and performance management
- Provide guidance for Therapeutic Practice Supervisors to fulfil their responsibilities for management and supervision of therapeutic counsellors
- Provide direct, day-to-day line management and supervision for Engender Equality's intake workers
- Approve leave for all therapeutic practice counsellors, practice supervisors and intake workers
- Provide case-specific practice support for Therapeutic Practice Supervisors
- Model clinical practice through direct provision of counselling for a small case load
- Plan and implement continual improvements to clinical services based on client experience, staff contributions and emerging research and practice
- Propose, plan, trial and implement innovative approaches to counselling practice

- Maintain quality standards and external compliance requirements relating to therapeutic counselling services
- Develop, implement, and continuously improve Engender Equality's Clinical Governance Framework
- Develop and guide the implementation of Engender Equality Therapeutic Counselling Service
   Manuals
- Challenge gender and power issues utilising an intersectional approach underlying family violence on both personal and social levels including accountability of perpetrators
- Ensure the application of the Code of Practice for specialist family violence services
- In consultation with the CEO, contribute to the identification and implementation of Strategic Priorities relating to therapeutic counselling.

#### Administration of Therapeutic Counselling Service

- Manage the planning and delivery of services to ensure all clients receive quality and timely therapeutic counselling
- Oversee an intake, assessment, triaging, and appointment scheduling process that ensures clients are allocated to therapeutic staff according to priority and need
- Ensure achievement of external and/or internal performance targets in the therapeutic counselling service
- Ensure delivery of therapeutic counselling services in accordance with budgets, financial systems and available resources
- Organise and administer own work programs, applying time management strategies and tools
- Collect, collate, analyse and persuasively report on therapeutic counselling inputs, outputs, outcomes and performance indicators
- Contribute to tenders and funding submissions relating to therapeutic counselling services
- Facilitate and maintain community and interagency cooperation and collaboration to ensure a high standard of client focused support, including appropriate referrals to and from the therapeutic counselling service
- Directly manage Engender Equality's partnership with the Hobart Women's Shelter (and other partnerships at the direction of the CEO)
- Oversee the administration of client brokerage funds within delegation
- In collaboration with staff, oversee effective use of the client record management database to ensure consistent and high-quality record keeping.

## Lead the Therapeutic Counselling Team

- Oversee recruitment of therapeutic staff, including practice supervisors, counsellors and intake officers
- Provide high quality induction and on-boarding for practice supervisors and intake officers

- Manage the counselling service environments including spaces, equipment and technology to
  ensure the safety and comfort of clients and staff, with support from Engender Equality's logistical
  and administrative personnel
- Develop and facilitate the implementation of professional development plans for practice supervisors
- Approve the format for counsellor professional development plans (facilitated by each counsellor's line manager practice supervisor)
- Lead the therapeutic counselling team through change within the organisation and the wider sector
- Ensure client case notes made by counsellors and practice supervisors are in accordance with therapeutic industry standards
- Facilitate whole-service team building opportunities
- Lead counsellors and practice supervisors to provide therapeutic counselling in family violence by applying feminist frameworks and underpinning theories
- Facilitate counsellors and practice supervisors participating in Engender Equality's family violence training for external organisations to (among other things) diversify their knowledge and experience

#### Monitor and Manage Therapeutic Counselling Risk

- Oversee the implementation of risk assessment and management processes for all therapeutic counselling activities
- Proactively identify and implement improvements to risk assessment and management processes, including updates to Engender Equality's Clinical Governance Framework
- At the direction of the CEO, support the Engender Equality Board to effectively manage risks associated with the therapeutic counselling service, including via a Engender Equality's Clinical Governance Framework.

## Other Responsibilities

• This position description is not intended to be an exhaustive list of duties. The person selected for this role will be expected to perform other related tasks requested by the CEO and as necessitated by the development of this role and the development of the organisation.

#### **Selection Criteria**

- A tertiary qualification in social work, psychology, counselling or a related clinical field
- Eligibility for registration with a relevant professional association
- Demonstrated capacity and experience in direct counselling; leading a counselling team; and
  providing clinical leadership in delivery of therapeutic counselling services, including the application
  of a systemic clinical framework

- Extensive knowledge and experience developing and implementing end-to-end therapeutic counselling service models, including (but not limited to) client intake, assessment, allocation, scheduling, referral, and service exit, within a family violence context
- Highly developed interpersonal and communication skills including writing, consultation, negotiation, advocacy, and liaison – and the capacity to effectively communicate in diverse professional contexts.

## Other Mandatory Requirements of this Role

- Must hold Australian citizenship or be a permanent resident of Australia.
- Must satisfactorily comply with National Police Clearance and Working with Vulnerable People requirements
- Current drivers' licence
- Demonstrated knowledge of Tasmanian Government policies and legal requirements relating to Family and Domestic Violence (or the capacity to acquire)
- Capacity to fulfil the basic physical and psychological requirements of the position as set out in Table A below.

## Key Competencies for all Engender Equality staff

*Self-Assessment and Reflection:* The capacity to recognise own feelings and those of others, for motivating ourselves and managing emotions well in ourselves and our workplace relationships. To be capable of self-awareness, self-management, social awareness and relationship management, in order to contribute to a more effective and supportive organisational culture.

*Quality:* Engage in activities that promote continuous improvement in provision of community health services.

WHS/Risk Management: Work performance complies with WHS/Risk Management obligations.

*Service Performance:* Services are delivered in a timely manner, meet Engender Equality expectations, and are consistent with sound administrative and operational procedures and practices and within allocated budgets where applicable.

**Communication:** Information is disseminated on-brand, using appropriate media/language to the right people at the right time.

**Accountability:** Individual responsibility to deliver services within the relevant legislative and regulatory framework and through sound financial practice.

## How to Apply

For further information regarding this position, please contact:

Alina Thomas

0438 788 291

ceo@engenderequality.org.au

Applications should include a cover letter, an up-to-date CV and a separate document addressing each item in the 'Selection Criteria' and 'Other Mandatory Requirements of this Role,' with reference to the 'Role Responsibilities and Accountabilities' as appropriate.

Please forward your complete application to ceo@engenderequality.org.au by COB 27 May 2024.

## Engender Equality's commitment to diversity

The expertise lived experience and cultural wisdom of Aboriginal and Torres Strait Islander, First Nations, LGBTIQI+ migrant, culturally diverse and women with disability are valued by Engender Equality and applicants from these groups are strongly encouraged to apply (as are people with parenting responsibilities). We recognise that this position requires a broad range of skills and as such there is some flexibility in the number of hours worked per week and the key areas of responsibility. Engender Equality encourages applicants to identify their areas of experience that best match the role and any preferred options for flexible working arrangements.

TABLE A: The basic physical and psychological requirements of the Therapeutic Counselling Practice Leader		
Work Environment		
Manage demanding and changing workloads and competing priorities.	Daily	
Work in a team environment.	Daily	
Work in different geographic locations.	Regular	
Be exposed to all outdoor weather conditions.	Regular	
Work in unstructured environments (e.g. outreach).	Regular	
Work office hours with the possibility of extended hours.	Regular	
Work after hours, as operationally required.	Regular	
Work in an open plan office.	Daily	
Work in buildings which may be two-storey.	Regular	
Sit at a computer or in meetings for extended periods.	Daily	

Work in an environment with competing demands.	Daily
Present at court and other jurisdictions.	Occasional
People Contact	
Liaise with government, non-government and community organisations.	Daily
Work with clients who may have a physical or sensory disability.	Regular
Interact with members of the public who may display the full range of emotional expressions and behaviours, including partners, significant others, family members, advocates, doctors, police.	Regular
Interact with clients and other people who could display challenging behaviour.	Regular
Facilitate access to specialist, generic and community services.	Daily
Undertake training and professional development activities.	Regular
Administrative Tasks	
Undertake administrative tasks which may include: computer work, filing, writing reports, case notes/plans and client records, participating in meetings, concentrating for long periods of time, managing resources and budget and researching and analysing information and data.	Daily
Use technology including photocopier, telephones including mobiles, fax, overhead projectors, televisions, videos, and electronic whiteboards.	Daily
Transport	
Drive vehicles possibly over long distances and in all traffic and weather conditions.	Regular
Drive vehicles with possible distractions from client behaviour, verbal or physical.	Occasional